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Martynov M.A. <sup>1</sup>	
Martynova O.V. <sup>2</sup>	THYMOSIN β4 AS BASIS FOR CREATION
Shkileva I.Yu. <sup>3</sup>	OF A REPARATION PREPARATION OF NEW GENERATION
Tokarev I.A. <sup>4</sup>	
Dovgan A.N. <sup>5</sup>	

1) Surgeon, Belgorod Regional Clinical Hospital Saint Joasaph str. Gagarina 2, Belgorod, 308007 Russia e-mail: ma.martynov@rambler.ru

2) Graduate student of Department of pharmacology, clinical pharmacology of Medical Institute Belgorod State National Research University, 85, Pobedy St., Belgorod, 308015, Russia, e-mail: *m.olga91@mail.ru* 

3) Student of Medical Institute Belgorod State National Research University, 85, Pobedy St., Belgorod, 308015, Russia e-mail: *iceirinka1395@yandex.ru* 

4) Oncologist Belgorod regional oncological clinic, 1, Kuibyshev St., Belgorod, 308010, Russia, e-mail:

best209@rambler.ru

5) Graduate student of Department of pharmacology, clinical pharmacology of Medical Institute Belgorod State National Research University, 85, Pobedy St., Belgorod, 308015, Russia, e-mail: *dr.dovgun@gmail.com* 

**Abstract**. In article is narrated about Thymosin  $\beta$ 4. Its structure, a number of strategically important properties and opportunities is described. The list of researches and achievements over the past few years of researches is provided. On the basis of its multipurpose activities during regeneration of fabrics in various experiments on animals, Thymosin  $\beta$ 4 has the potential for new researches, in kidneys and a liver, and also recovery of a spinal cord, bones and injury of ligaments. Besides, it can be useful in case of treatment of a wide range of other diseases, including concerning consequences of old bacterial damages and viral infections. **Keywords:** Thymosin  $\beta$ 4, reparation, traumatism.

Today injury rate level constantly grows. Thanks to access to extreme sports, fixed haste, to emergencies people often are traumatized, both household, and production: whether it is small defect of integuments or extensive combined injury. Violation of healing of wounds is a problem for the immobilized patients sick with diabetes, and also elderly people. According to RosStat for 2015-2016 the registered surplus, both a production, and household injury rate on 1000 people – 92.2 persons, i.e. nearly 10% is observed. The surgery, orthopedics, traumatology is engaged in their diagnostics and treatment. For treatment and rehabilitation of patients a number of medicines such as is used: analgetic preparations, antihistaminic preparations, antibiotics, hormonal preparations, calcium preparations, vascular preparations, spazmolitik, locally – ointments. In case of inefficiency of conservative treatment resort to surgical. Now creation of the reparation preparation preparation preparation graves and high reparative capability is very actual task for modern medicine and pharmacology as there is a great demand which becomes covered only for 40%.

Proceeding from statistical data of the authoritative medical Pubmed portal (Figure) it is visible that every year scientists show the increasing interest concerning a Thymosin  $\beta 4$  (T $\beta 4$ ).

In spite of the fact that interest in studying of properties and structure of a T $\beta$ 4 has arisen 30 years ago – only the small part of properties of this peptide is studied. It proves a number of several experiments which are already made diversely and systems (Table 1).





Figure. Chronology of the publication on the subject T $\beta$ 4

Some researches of properties of peptide of Tβ4

Table 1

Τβ4		
AUTHORS	SUBJECT	RESULT
Gabriel Sosne, George W Ousler	T $\beta$ 4 ophthalmologic solution for a dry eye. (randomized, placebo – controlled, the phase II of clinical trials, is carried out with use of controlled medium) (CAE <sup>TM</sup> ).	This research confirms efficiency of $0,1\%$ of T $\beta4$ as topical treatment for simpli-fication of signs and symptoms of a dry eye. The therapeutic window of safety is defined.
Tian-JiaoXu, Qi Wang Xiao-Wen Ma, Zhen ZhangWei Zhang, Xiao-Chang Xue, Cun Zhang, QiangHao, Wei-Na Li, Ying-Qi Zhang Meng Li	T $\beta$ 4 represents a peptide from 43 amino acids. Has crucial importan-ce for restoration and reconstruction of tissues of a skin, eyes, heart and a nervous system after a trauma. Fully to use the efficiency as an agent for treatment of the disease caused by a trauma it is recommended to spread out it to dimeasures.	Dimeasures of T $\beta$ 4 render a superactivity on an adhesion of wounds, than native T $\beta$ 4. Process of cleaning is simple and very effective with the smallest expenses.
Ildiko Bock-Marquette, Ankur Saxena, Michael D. White	$T\beta4$ activates the integrin-sewed kinases and activates migration of stem cells in heart, thereby increases survival of cardiomyocy-tes and restoration of normal work of heart.	Participation of $T\beta4$ in migration of cells and survival of cardiomyocytes at distur- bance of a circulation in heart, them redistribution is mini-mized by losses of cardio-myocytes later myocar- dialinfarction.
Yue Zhou, Eliana Martinez, Li- Ping Su, Kok-Onn Lee1, Lei Ye	T $\beta$ 4 stimulates an angiogenesis and enlarges a pool of cells precursors of muscles at ischemic option of sceletal muscles in model of an ischemia of back extremities of a mouse	Now research proved that T $\beta$ 4 makes direct impact on neovascularization and neo-genesis of sceletal muscles in model of an ischemia of a back extremity of a mouse. T $\beta$ 4 considerably enlarged density of capillaries. It is bound to its biological function on endothelial cells: migrations of endothelial cells and their proliferation.
DeborahPhilp,MahnazBadamchian,BrookeScheremeta,MychiNguyen,AllanL.Goldstein,Hynda K.Kleinman	$T\beta4$ – the synthetic peptide containingits actin – the binding domain promote a fast adhesion of dermal defect.	It is proved on experimental model at mice with a diabetes mellitus and old mice.

In this article we will consider Thymosin derivatives  $\beta 4$  which can be a basis for creation of modern and innovative reparation drug and a vasoprotective.

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Adhesion of wounds includes several stages: 1) inflammation (hemostases / vasoconstrictions), 2) proliferation (angiogenesis or vasifaction) and 3) migration of keratinotsit and remodeling (collagen adjournment).

T<sub>β4</sub> represent family of highly conservative polar peptides with a molecular weight of 5kd. One of representatives of this family TB4. It consists of 43 amino acids and the 4964th dalton has molecular weight [1, 2]. With the N-trailer acetylated rest of a serine. T $\beta$ 4 is a larger water-soluble peptide which was for the first time allocated in 1966 by scientists Goldstein and Whyte from a bull tissue of a thymus. Researches in the field of hormones of a thymus led to a conclusion that Thymosin beta contain practically in all tissues and various cells of a human body except for erythrocytes. High concentration were noted in a lien, a thymus, mild and peritoneal macrophages, and also in thrombocytes, a blood plasma, a wound exsudate. After a skin trauma, the high TB4 levels naturally are present (13 mkg/ml) at wound liquid [3, 4]. He also acts as the main molecule of a complexing actin in all eukaryotic and is the potent regulator of cells an aktinapolimerization at mammals [5].

Thymosin  $\beta$ 4 is bound to a G-actin, blocks an actin polymerization with a factor of XIIIa of thrombocytes, exerting a great influence on process of an adhesion of wounds [6, 7]. Two proteins supporting a G-actin pool (a monomeric actin) are Tβ4 and a pro-eagle owl. In turn, the G-actin, is the water-soluble globular protein (weight 42 000 dalton) consisting of 376 amino-acid remains. One molecule ATP is bound to each molecule of a G-actin. T $\beta$ 4 as well as pro-eagle owls - low-molecular proteins with a molecular mass of a 12-15kd. They accelerate ADF exchange mechanism for ATP, as well as TB4. Acting as the buffer, it binds a monomeric actin from where follows that it prevents polymerization the aktin of microfilaments for maintenance of the general pool the monomers of aktin for needs of a cell. Changes in Thymosin expression  $\beta$ 4 are bound to a differentiation of cells, that is it is possible to assume what T $\beta$ 4 suppresses energy release, at the same time keeping a cytoskeleton, cellular structure and cellular mobility from destruction. Release of Thymosin from a complex with an actin and emergence it in a blood plasma, possessing a hypotoxicity and presence at rather high concentration at many types of cells of mammals, both at a cytoplasma, and at an extracellular environment. T<sub>β4</sub> plays an important role in differentiation of stem cells in developments, and also activation of cells of precursors, induction of their migration, differentiation and integration in processes of an angenesis, in particular induction of a neoangiogenesis. T $\beta$ 4 can be the signal starting immune system, induction of a chemotaxis, inhibition of a proliferation of stem cells of marrow, inhibition of an inflammation, an important property of induction of a neoangiogenesis with the subsequent reparative neogenesis of organs and tissues. A series of the active centers in T $\beta$ 4 amino acids define the action on physiological processes [8, 9].

Fragments in amino acid 1-4 have antiinflammatory properties, 1-15 antiapoptozny and cytoprotective effect and 17-23 an angiogenesis and growth of hair is active for migration of cells, binding by an actin, a dermal adhesion of wounds. TB4 participates in a series of cellular reactions, such as an angiogenesis, an adhesion of wounds, body height of hair, an apoptosis and an inflammation [3, 10, 11, 12, 13, 14]. It inhibits an inflammation, microbial body height, formation of the cicatrix (due to depression of level of miofibroblast) and an apoptosis, protects cells from cytotoxic damage, including glutamatneyronalny toxicity [1, 15, 16, 17, 18, 19].

Tβ4 represents multipurpose protein which stimulates migration and a differentiation of stem cells, synthesis of a protease, and also an expression of various regulatory genes, such as laminin-332, a fibronectin, matrix metalproteases, factors of body height of hepatocytes and antioxidatic enzymes [11, 18, 20, 21, 22, 23, 24, 25]. Migration of cells represents difficult process. Tβ4 promotes activity of matrix proteinases which is necessary for migration of epithelial cells [9, 26, 27, 28].

Inhibitors of these enzymes reduce migration of various types of cells. Such enzymes also degrade and let out matrix molecules which can be hemotaktilny factors of migration, thereby TB4 promotes chemotactic migration of cells to the place of the damaged site [6, <u>16</u>, <u>26</u>, <u>30</u>, <u>31</u>, <u>32</u>, <u>33</u>]. Such type of epithelial migration has crucial importance for adhesion process. Migrations of T $\beta$ 4 it is carried out in several ways. Direct migration assumes ability of TB4 to bind an actin. Proteases promote and improve migration, way the chemotoxicity factors of a matrix and inhibition of receptors of adhesion. TB4 induces synthesis of laminin-332 which is important factors of adhesion and migration of cells. Other mechanism includes stabilization of a factor of a transcription of HIF1 which is bound to the laminin-332 pro-motor, its chains. Proteases also reduce production of laminin-332, generate smaller chemotoxicity activity. Laminin-332 also stabilizes a complex: a cell and a cell matrix, their interaction which are important for migration of cells to damaged site of tissues. TB4 possesses the antiapoptichesky activity by conservation integral structure an epithelium for migration of a leaf.



Cosecreted thrombocyte T $\beta$ 4 in the field of the injured derma, can accelerate an adhesion of dermal wounds, promoting migration of cells, accelerating collagen adjournment, inhibiting both an inflammation and an apoptosis [34, 35]. T $\beta$ 4 reduces an inflammation in tissues after different types of injuries by depression of migration of inflammatory factors; now are defined at the molecular level [1, 16, 30, 38, 39]. This decrease of an inflammation in fabric defect promotes TB4mediated of a reparation and is important for this process, and also solves concrete actions for migration, Tβ4-mediated of cells for exercise of restoration of tissues. For example, TB4 reduces inflammatory factors, cytokines and chemokines in many tissues, also reduces inflammatory infiltration, activates anti-oxidizing enzymes, and reduces formation of active forms of oxygen. T $\beta$ 4 inhibits TNF- $\alpha$ - inducibility of a nuclear factor an activation kappa In and blocks the Rela / translocation of p65 and the sensitizing effects of the intracellular binding partners pinch-1 and integrinsewed kinazy.

T $\beta$ 4 selektivno bridges tissue XIIIa factor transglutaminases for various molecules, including an actin, collagen, fibrin and a fibrinogen [39, 41]. Other molecules, such as a plasmin, alcohol dehydrogenase, a hexokinase, a pyruvatekinase, and a lactate dehydrogenase, can't be sewed T $\beta$ 4. T $\beta$ 4 it was identified as an angiogenic factor in the screen of the early genes induced during a differentiation of endothelial cells of invitro [42].

TB4 the best conservation of cardiomyocytes is promoted after an ischemia, by effect which is mediated by rising of an expression of a factor of body height of an endothelium of vessels (VEGF) and activation integrina-sewed kinases (ILK) [29]. It is surprising that it is little-known about potential receptors. Considering purinoceptor alarm ways of the active centers it would be possible to expect several receptors [8]. A lot of things are also unknown of T $\beta$ 4 role in a core. After an incubation with cells, it quickly (in 30 minutes), is transported in a core where functions as a factor of a transcription [1, 43]. The arising data demonstrate to what recent researches showed,  $4T0T\beta4$  is superfluous expresses in malignant tumors, and was suggested that it is bound to metastatic ability and an angiogenesis [10, 31, 44, 45, 46]. The induced expression of T $\beta$ 4 strengthens body height of a tumor and an innidiation in cellular lines of a melanoma and fibrosarcoma of a mouse [47]. Besides, T $\beta$ 4 hyper expression in cancer cells of a large intestine of the person cause the strengthened body height and an invasion at transplantation these cancer cells of mice [46, 48]. It is proved what an excess expression of TB4 promoted penetration of cells and their migration through ILK/AKT/ $\beta$  katenina-of an alarm way, causing epithelial to mesenchymal transition cancer in colorectal a blast. TB4 also works as the hypoxia

regulator which controls migration of cancer cells to places of an angiogenesis and innidiation of a tumor [49]. These various cellular answers are regulated by T $\beta$ 4-опосредованной of an expression of several genes, such as specific proteases, laminin-5, and several inflammatory cytokines and chemokines. T $\beta$ 4 the beta (TGF beta) in the cultivated cornea cells strengthens an expression of laminin-5 and the transforming body height factor that in turn increases the activity of laminin-5 and TGF- $\beta$ - induced of migration of cells and synthesis of a collagen, respectively [14].

T $\beta$ 4 influences alarm ways of Want by an activation regulation a glycogen – synthase – kinases-3 (GSK-3) in migration of cells of a carcinoma of the stomach [50].

The factor of body height of hepatocytes (HGF) promotes rising a regulation of T $\beta$ 4 which influences a wound repair in endothelial cells of an umbilical vein of the person [51].

T $\beta$ 4 promotes a full normal adhesion of all surface of a dermal wound at steroid treatment at animals with a diabetes mellitus [1, 41, 43]. T $\beta$ 4 also activly restores and regenerates tissues of an eye, heart, a brain, a peripheric nervous system and a spinal cord and stimulates an angiogenesis in some tissues at systemic use, but not at local use on a wounded surface of an eye.

Two independent randomized double blind people clinical tests proved that experimental gel in structure with T<sub>β4</sub> accelerates a dermal adhesion. Uses of T<sub>β4</sub> in treatment of other diseases caused by a trauma such as a myocardial infarction or reperfusion damage trauma corneas, and an ischemia of a brain induces migration of cells to the place of damage [1, 6, 15, 16, 18, 41,]. It was revealed that T $\beta$ 4 in any phosphatic and buffer saline solution or hydrogel activly accelerates dermal an adhesion of wounds at healthy rats. At the mice sick with Diabetum where the slowed-down adhesion, was revealed that adjournment of a collagen were much lower, than at the mice receiving T $\beta$ 4 as well as in any phosphatic and saline buffered solution or hydrogel. No differences were observed in migration of keratinotsit, at all animals with Diabetum, showing almost full wound repair for the 8th day. These researches show that T $\beta$ 4 is active for an adhesion of wounds in models of disturbance of an adhesion and can be effective the relation of chronic diseases at the person.

T $\beta$ 4 participate in activation the multipotent of cells precursors, integration of new cells at the place of a lesion and formation of their microvascular niche, increases neogenesis. Neogenesis of any tissue it isn't possible without a full-fledged neoangiogenesis. For this reason development and creation of the drugs activating a neoangiogenesis and possessing endotelioprotektivny properties is one of the main tasks of modern pharmacology and medicine in general. Several additional biological activities were identified,



but not localized in a molecule, including its antimicrobic activity, induction of different genes (including laminin-5, MMP, TGF a beta, a terminal dezoksinukleotidiltransferaza and the proteins connected to angiogenesis), and ability to activate ILK/Pinch/Akt and other signal molecules important in ways of apoptosis and inflammatory ways. Biological activity of T $\beta$ 4, is defined by the active centers in short peptide sequences.

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Thus, as T $\beta$ 4 renders a wide range of functions, interacting with different molecules, it is important to research as T $\beta$ 4 is regulated to understand the mechanism of action T $\beta$ 4.

On the basis of its multifunction activities during regeneration of fabrics in different experiments on animals,  $T\beta 4$  has the potential for new researches, in kidneys and a liver, and also restoration of a spinal cord, bones and injury of ligaments. Besides, it can be useful in case of treatment of a wide range of other diseases, including concerning consequences of old bacterial damages and viral infections.

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